Multimedia Appendix 1. Participant characteristics by country

	UK	Ireland	Taiwan	German y	Austria
Female	249/710	20/61	57/107	40/125	13/38
	(35.1%)	(32.8%)	(53.3%)	(32%)	(34.2)
Age (mean (SD))	62.8	63.5	52.7	63.5	63.9
	(10.2)	(10.5)	(15.3)	(10.1)	(12.3)
Years since diagnosis (mean (SD))	8.3 (7.2)	9.9 (6.3)	8.2 (7.7)	19.6 (14.3)	15.4 (12.8)
Age left full time education (mean (SD))	17.3 (2.7)	19.7 (3.2)	18.7 (4.1)	18 (2.8)	20.7 (3)
Health Literacy (single item measure)					
• Low	45/689	8/56	5/106	12/119	3/35
	(6.5%)	(3.6%)	(4.7%)	(10.1%)	(8.6%)
• Intermediate	131/689	8/56	16/106	34/119	12/35
	(19%)	(14.3%)	(15.1%)	(28.6%)	(34.3%)
• High	513/689	46/56	85/106	73/119	20/35
	(74.5%)	(82.1%)	(80.2%)	(61.3%)	(57.1)
Physical Activity Attitudes and Intentions	15.0 (3.7)	16.0 (3.4)	15.9 (3.3)	14.4 (3.2)	13.9 (2.9)
IPAQ (mean (SD))					
<ul> <li>highly active</li> </ul>	58/588	3/53	6/90	14/83	3/21
	(9.9%)	(5.7%)	(6.7%)	(16.9%)	(14.3%)
<ul> <li>minimally active</li> </ul>	126/588	7/53	31/90	22/83	4/21
	(21.4%)	(13.2%)	(34.4%)	(26.5%)	(19%)
<ul><li>inactive</li></ul>	404/588	43/53	53/90	87/83	14/21
	(68.7%)	(81.1%)	(58.9%)	(56.6)	(66.7%)